

# COVID-19 INFORMATION FOR FAMILIES

**Note: This information applies to both campers and CTs**

## HEALTH CENTER TEAM & FACILITIES

We are fortunate to have a great team in our Health Center this summer led by our veteran nurse, Vicki Setzer. Vicki will be joined by our Health Assistant, Morgan Tessler, who's certified in Wilderness First Aid and CPR. Morgan is a returning staff member, having started her Fleur de Lis career as a counselor. She has a degree in public health and has been working in that field in Burlington, VT. Support will also come from our long-time nurse, Cathie McGuirk, and our paramedic, Nancy Carney. We are grateful that we have a medical consultant to work with us in creating our plans for testing and safety protocols who is well versed in COVID-19 practices and considerations, Dr. Sarah Haessler, MD, MS. She is in the Division of Infectious Diseases at Baystate Medical Center in Springfield, MA. Since Dr. Haessler is an alum of Fleur de Lis, she understands the need for health practices and camp practices to work together.

In addition to our great health care team, we are happy to have Health Center facilities which were upgraded for summer 2021 with a separate bathroom for our isolation area, the allocation of additional space for health services, the addition of handwashing and sanitizing stations, and much more.

## PRIOR TO CAMP PROTOCOLS

One of the critical factors in creating a healthy camp environment is what happens prior to a camper's arrival.

Please be extra careful in the week leading up to camp.

- Avoid unmasked indoor gatherings with friends and family outside of the immediate family household.
- Avoid public restaurants and indoor recreational activities.
- Avoid large public outdoor gatherings.
- Practice social distancing and/or wearing masks in the event of being indoors with people other than your immediate family household.
- In-person school or in-person summer programs that are following good safety measures are fine.

Getting everyone to camp virus-free gives us the best chance to maintain a healthy camp community for the entire season. We all need to be vigilant and do our part to ensure that our campers and staff enter camp without the virus. Because of this, we ask for your utmost compliance with the pre-arrival and camp protocols described in this COVID-19 Information for Families" by signing the Community Health Pledge found on your CampInTouch forms page. **This is a requirement for attending camp.**

## **TESTING - THREE STEPS**

**Pre-Arrival Test:** To enhance health and safety and to avoid great disappointment on arrival day, all campers will need to have had a negative rapid antigen COVID-19 test within 3 days prior to arriving at Fleur de Lis. This will be on the honor system.

### **Arrival Test**

Campers will be tested with a rapid antigen test upon arrival. Results are typically ready within 15 minutes. Families will need to stay at camp in the car or designated outdoor area until the test results are completed. In order to facilitate this process, we have assigned arrival times:

- 2:00 PM Senior Campers (entering grades 9 & 10)
- 2:45 PM Mid Campers (entering grades 6—8)
- 3:30 PM Junior Campers (entering grades 3-5)

Note: If you have different age campers, plan to arrive at the YOUNGEST camper's check in time.

### **3-4 Day Test**

Between day 3 and 4 of the session, campers will be tested with a rapid antigen test again.

### **Testing as Needed Throughout the Summer**

We will have rapid antigen and PCR tests available if needed throughout the summer.

## **IN THE EVENT OF COVID SYMPTOMS**

The camper will be isolated in the Health Center and will have a rapid antigen and/or PCR COVID-19 test. The family will be notified when a camper is placed in isolation and updated with information. If the test result is negative, the camper will stay in isolation for 24 hours and be retested. At that time if symptoms are resolved and the test is negative, the camper will return to their regular housing and activities. If symptoms are still present, the isolation period and testing will continue until symptoms resolve.

### **In the Event of a Positive Case**

The camper will need to be picked up by an authorized parent or guardian within 24 hours, and will remain out of camp for the period of time outlined by the CDC for quarantine and masking.

### **Close Contacts of Symptomatic Individual**

Per CDC guidelines, we will identify and test the symptomatic camper's close contacts (i.e., living group or other close contacts). If the test results are negative, the close contacts will continue to be monitored for symptoms and tested as needed. They will still be able to participate in activities and meals. You will be notified if your camper is a close contact of a positive case.

If a child tests positive at camp, we will notify our entire camp community by email. We will notify our local health officials as well. We will not be able to share specific names or personal information. The family of "close contact" campers where a positive case was identified will be updated on their own child's health and will be provided with information as to the monitoring and management of the situation.

## **PODS, MASKS, SOCIAL DISTANCING AND OUTSIDE**

Our goal is to have camp be as normal as possible as quickly as possible into the session. For safety, the first few days of the session we will utilize “Pods” or groups of two cabins or tents. This will be a camper’s primary group for meals and sleeping until the second antigen test is completed between 3 and 4 days into the session. Once we have passed a successful second on-site test, the Pods will be enlarged so that Fields and the whole camp will be able to interact together freely.

Because we are in a close congregant living situation, we will follow all of the Non-pharmaceutical Interventions (NPIs) as needed, including occasional masking if campers and staff are indoors and cannot be socially distanced. An example would be if there was a positive case and we were actively monitoring close contacts.

Three of our most important tools to use this summer in creating a healthy environment are having our campers and staff vaccinated, using screening tests, and being outdoors.

## **SANITATION AND FACILITIES**

We will be doing extra cleaning and sanitizing in high use areas and for high touch equipment and carrying on our successful enhanced hand hygiene practices of 2021.

## **MEALS AND SNACKS**

We are very happy to say that our camp community will again be eating together in the Dining Hall. Our meals are returning to family style instead of buffet. After passing the second round of testing, we will begin the popular system of mixing different age campers and staff at tables. Our wonderful Chef, Heidi, will be back with us this summer and she will be heading up our kitchen staff. For the most part singing and announcements which have always been a big part of our meals will happen this year in the Dining Hall at the end of meals. Morning snacks in single serve packages will still be a part of our schedule!

## **DROP OFF DAYS**

One of the Covid changes that we made last year was with our drop off procedures. While we know that many families missed being able to tour camp and settle girls into the Fields, we also discovered a great silver lining for our campers that jump started cabin and tent bonding. By having girls arrive in age groups, do their health check-in, gather with their cabin or tent mates and counselors, and then move into cabins and tents together, resulted in bringing the group together right away and immediately immersing campers into “camp life”. The experience of a camper “leaving” the family instead of the family “leaving the camper” dramatically decreased first day homesickness. The additional benefit of course is that we know after testing on that first day that Covid is not present in camp. We have decided to carry on this new drop off process this year.

**Arrival Time:** In order to facilitate the check-in process, we have assigned arrival times:

- 2:00PM Senior Campers (entering grades 9 & 10)
- 2:45PM Mid Campers (entering grades 6—8)
- 3:30PM Junior Campers (entering grades 3-5)

Note: If you have different ages campers, plan to arrive at the YOUNGEST camper’s check in time.

**Preparation of Luggage:** Our staff will be unloading and transporting your camper's luggage to their tent or cabin. Please label everything clearly and pack all items securely, as described in the Family Guide.

**Preparation of Prescription and Non-Prescription Medications:** All prescription medication and non-prescription medication (including vitamins, ointments, etc.) must arrive in its original container with dosage information. Please place all medications in a sealed Ziplock bag labeled with your camper's full name. **If you need to talk with our nurse prior to your camper's arrival, we will have time slots available for you to schedule a call. More information will be sent prior to your session.**

**Arriving at Camp:** Staff will greet you and direct you in the drive through drop-off process at a couple of different points. Please plan to wear masks as you enter the camp for drop-off. Our staff will have masks on as well until campers are tested. Once your vehicle has reached the back porch of the Dining Hall, you will drop off your camper with their Ziplock bag of any prescription or non-prescription medications. You will then proceed to our parking area. While you are parking, your camper will be doing their health check-in including the Covid test and will rejoin you at your vehicle.

**Luggage Drop Off:** Once your camper has a negative Covid test result, our staff will unload your camper's luggage. You will have the opportunity to meet your camper's counselor (wearing a mask being mindful of social distance) and say goodbye to your camper.

## **DEPARTURE DAY**

Pickup for 2-Week campers and 5.5 week campers will be at 2:30pm on departure day. 3.5 and 7-week campers will leave between 9:30 and 11:30am on departure day. You will have a chance to walk around camp with your camper once you have checked her out, again being mindful of social distancing and masking indoors. We ask that you bring a facemask with you and wear it to help us protect the remaining campers and staff from possible infection.

To support the health and safety of all, please inform Fleur de Lis if your camper tests positive within 14 days from the day of their departure from camp.

## **TRIPS**

At this time, we are only planning day hikes out of camp to lightly used hiking trails. We know that an overnight experience is great fun, so we are planning on in-camp overnights to pretty spots around our site, complete with tasty treats cooked over the fire.

## **FAMILY AND SIBLING TIME AT CAMP**

Siblings and families will be able to see each other around camp and will be able to spend time together throughout the summer. They will need to visit outdoors primarily for the first few days, but once we have finished our second round of testing, siblings in different pods will be able to visit with each other freely.

## STAFF

Most staff will be arriving two-weeks prior to our June Opening Day following the same low-risk activity guidelines that campers will follow. In addition to all the typical training we do during Pre-camp, training will be provided in this year's Covid protocols as well.

Our leadership team and staff will work with each camper to help them feel emotionally and physically safe at camp from the moment they arrive. We know that some campers have experienced heightened anxiety and stress over the past two years, and we will be there to support them every step of the way.

## VISITORS

Following the best practices and guidelines for overnight camps, we will not be hosting family visiting days except for during the Changeover time of July 18-20th. We anticipate offering a visiting afternoon on July 18th for campers staying at camp during Changeover and they will have the option of going home. See **Family Guide** for details about Changeover.

## A FEW UPDATES TO LOGISTICS AND PRACTICES

### Camper Forms

There are a few forms in your CampInTouch dashboard related to COVID-19 Protocols including the Community Health Pledge, an Assumption of Risk Health waiver, and a vaccination documentation form. These will need to be completed before a camper arrives at Fleur de Lis.

### Packages

We have decided that we can safely have campers receive more packages during their stay. While we are no longer going to limit packages, we would still ask you to be very thoughtful about limiting these to a small number with a few simple, fun items. We ask this as it can be very sad for a camper who may only receive one or two packages to see a tentmate receive five or six packages. You may want to consider sending something for your camper to share with her Pod or Field. Thank you in advance for your understanding. **Reminder:** Please do not send food, candy, or gum as your camper will not be able to keep these items.

### Zoom Q&A

Please join us with your questions about these topics or any other questions you may have as you are preparing for the summer on Monday, June 6 at 7:00pm

[https://us02web.zoom.us/j/85727757111?pwd=JBKEE4lxaQdi\\_sjbA\\_paLg9MsTzluL.1](https://us02web.zoom.us/j/85727757111?pwd=JBKEE4lxaQdi_sjbA_paLg9MsTzluL.1)

If this is not convenient, please be in touch to arrange a time for a phone conversation.

**Questions?** As always, we are happy to help you with any questions! **See you soon!**